

# Quit and Win Agin'

## January 1-31, 1990

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Let's Get Started!</b>	2 7:00—Fresh Start, Abbeville County Memorial Hospital	3	4	5	6
7	8	9 7:00—Fresh Start	10	11	12 <b>Hang In There!</b>	13
14	15	16 7:00—Fresh Start	17 <b>You're Doing Great!</b>	18	19	20
21	22	23 7:00—Fresh Start	24	25 <b>You Are Really On Your Way!</b>	26	27
28 <b>Don't Stop NOW!</b>	29	30 7:00—Fresh Start	31 <b>You Made A Good Start. Keep Going.</b>		February 2 <b>Celebration Party</b> Belmont Inn 5:00-7:00 P.M.	

USE THIS CALENDAR TO COUNT THE DAYS TOWARD A HEALTHIER LIFE!

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